



News Release

FOR IMMEDIATE RELEASE

June 8, 2020

Department of Public Health

Contact: Dr. Jennifer Green, Health Director

E-mail: jgreen@co.cumberland.nc.us

Telephone: 910-433-3705

COVID-19 Update **Case Count Grows to 802, Testing Tools Available**

FAYETTEVILLE –The Cumberland County Public Health Department will begin reporting COVID-19 updates semiweekly or if immediate action is required by the public. The COVID-19 update will be released Mondays and Fridays by 5 p.m. The [COVID-19 dashboard](#) will continue to be updated Monday through Friday.

The Department of Public Health reports 37 new COVID-19 cases since Friday. Cumberland County's case count is now 802 with 26 deaths.

Online Tools to Increase Access to Testing

North Carolina continues to ramp up testing. Online tools are now available to help people know if they may need a test, how to get a test, and monitor their own symptoms if advised to do so by a contact tracer. These tools include:

- **Check My Symptoms (www.ncdhhs.gov/symptoms)**, a public website that allows people to enter their symptoms to determine if they should consider getting tested for COVID-19. If a test is recommended, they will receive a link to a list of nearby testing sites via email or text.
- **Find My Testing Place (www.ncdhhs.gov/TestingPlace)**, a public website that allows people to enter their county or ZIP code and access a list of nearby testing site locations online.

Hope4NC Helpline

Alliance Health connects North Carolinians to FREE crisis counseling and resources to those who may be struggling with the aftermath of the COVID-19 pandemic. The Hope4NC Helpline at 1-855-587-FIND (3463) is available 24 hours per day, seven days a week for people to reach out for support; they will be contacted quickly by a licensed mental health professional for follow-up.

If you or someone you care about continues to show signs of stress and you are becoming concerned, you may want to reach out for help. Call the Alliance 24-hour Access and Information Center at 800-510-9132 and a licensed clinician will assist you in finding the right kind of help.

Alliance Health is the managed care organization for public behavioral healthcare for Cumberland, Durham, Wake and Johnston Counties. Alliance has a network of providers offering treatment and support for mental

illness, substance use disorders, and intellectual/developmental disabilities. You can find information about mental health services on their website at www.alliancehealthplan.org.

Staying Updated

Cumberland County has made it easy for you to stay updated on the latest information about COVID-19. You can visit our [COVID-19 webpage](#), which has a list of [COVID-19-related closures and service changes](#). The county is also sharing important information on its [Facebook](#), [Twitter](#) and [Instagram](#) accounts.

###

-end-