



News Release

FOR IMMEDIATE RELEASE

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COVID-19 Update **Cumberland Reports 90 Total Cases**

FAYETTEVILLE – Cumberland County has 90 positive COVID-19 cases, four more than Monday.

“We want to thank the residents who have been so dedicated to staying at home and following the guidance from health officials. You are doing this for yourself, your family and for the essential employees who are still going to work. We are in this fight together,” said Dr. Jennifer Green, Cumberland County Health Director.

Follow these steps to reduce your risk for COVID-19:

- Stay home except for essential work or seeking essential services, food, or health care
- Practice social distancing (stay at least six feet away from other individuals)
- Wear cloth facemasks if you must leave home and social distancing is not possible
- Wash your hands with soap and warm water for at least 20 seconds.
- Don't touch your eyes, nose and mouth.
- Clean and disinfect surfaces using regular household cleaning spray or wipes.
- Cover coughs and sneezes with a tissue and throw the tissue in the trash.

If you have general questions about COVID-19, call 2-1-1 or the NC DHHS hotline at 1-866-462-3821.

Find information on the Cumberland County COVID-19 webpage at co.cumberland.nc.us/covid19 and the NC DHHS website at ncdhhs.gov.

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