



News Release

FOR IMMEDIATE RELEASE

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Department of Public Health

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COVID-19 Update

Cumberland Has A Third Positive COVID-19 Case

FAYETTEVILLE – Cumberland County Department of Public Health was notified by Womack Army Medical Center’s (WAMC) Department of Public Health and the North Carolina Department of Health and Human Services on March 21, 2020, of a positive case COVID-19. There are three positive cases in Cumberland County.

The affected person is in isolation at their residence on Fort Bragg. To protect privacy, no further information about the individual will be shared by the Cumberland County Public Health Department.

WAMC Department of Public Health officials have contacted Cumberland County Department of Public Health. WAMC Department of Public Health is investigating where this person may have had contact with people and will notify any contacts who fall under the guidelines for additional monitoring and testing.

The Centers for Disease Control and Prevention (CDC) defines a “close contact” as being within 6 feet for 10 minutes or more. If WAMC Department of Public Health does not contact you and you do not have any symptoms, you do not need to quarantine yourself.

Precautions

All residents are encouraged to increase prevention measures and practice social distancing:

- Wash hands frequently with soap and water, and for at least 20 seconds each time.
- If soap and water are not readily available, use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Avoid close contact with people who are ill.
- Cover your mouth and nose with a tissue when you cough or sneeze.
- Do not reuse tissue after coughing, sneezing, or blowing your nose.
- Clean and disinfect surfaces that are frequently touched (like your phone, tablet, countertops and daily work surfaces).
- Stay home and away from others when you are sick.

If you have symptoms of COVID-19, call Cape Fear Valley Health System’s nurses’ line at **910-615-LINK (5465)**. If you have general questions about COVID-19, call 2-1-1 or the NC DHHS hotline at 1-866-462-3821.

Seek information from credible sources including the Cumberland County COVID-19 webpage at co.cumberland.nc.us/covid19 and the NC DHHS website at ncdhhs.gov.

For information on County services, call **910-678-7657** from 8 a.m. to 5 p.m. weekdays.

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